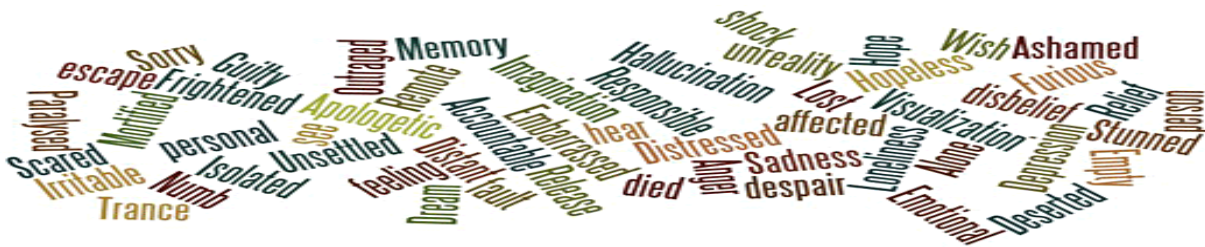


FORGET ME NOTS.

FOR THOSE 'MISSING' A LOVED ONE.



ON TUESDAY SEPT. 15th in WESLEY'S AT GARSTANG METHODIST CHURCH.

WHEN ANY OF US LOSES A SPECIAL PERSON WE ALL HAVE A MIXTURE OF EMOTIONS, INCL. LONELINESS.

On TUES. SEPT. 15th, from 1pm to 2.30pm, WE AT G.M.C. ARE STARTING A 'FORGET ME NOTS' INFORMAL GROUP.

Open to ALL (it's not just for Church people !!) we will try to Help Each Other as we have a brew; make new friends and chat about whatever is on our mind.... **(Rev. Keith will be around if anyone wants a one to one conversation.)**

We HOPE to make this an informal gathering on the 3rd Tuesday afternoon of each month. Come and go as you need.

See Lisa in Wesleys for more details.!